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Exercise is Medicine

The ACSM Certified Clinical Exercise Specialist (CES) is a healthcare professional who typically works in rehabilitation programs, or medical fitness centers. The ACSM Certified CES

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An ACSM/ACS Certified Cancer Exercise Trainer is a fitness professional who utilizes an well-rounded understanding of cancer to develop exercise programs for specifically suited for survivors. ACSM/ACS CETs empower cancer survivors to display their significant inner strength by improving their own physical fitness.

CET

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